

# iGeriCare

Bringing clarity to dementia for  
patients, families, and care partners

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I'd like to prescribe the following online lessons to help you find answers for the questions you may have about dementia:

- What is Dementia?**
- What is Mild Cognitive Impairment?**
- How to Promote Brain Health**
- The Different Types of Dementia**
- Stages of Dementia**
- How is Dementia Treated?**
- Safety and Dementia**
- Caring for the Person with Dementia at Home**
- Apathy, Depression, and Anxiety in Dementia**
- Behavioural, Emotional and Psychiatric Symptoms in Dementia**
- Caregiver Wellness**

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Get started at:

**[igericare.ca/rx](https://igericare.ca/rx)**



# What is iGeriCare?

A dementia diagnosis can be challenging for patients, families, and caregivers. Our goal is to allow individuals to learn about all aspects of dementia at their own pace, in their own homes.



Browse easy to use lessons developed by experts in geriatrics and mental health; access helpful resources; connect with experts and others who are facing the same challenges through our discussions and live events.

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